

W 12-12

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			34,79	50	Free			35,59
100	Free	1:07,11	1:12,51	1:22,98	100	Free	1:08,71	1:14,11	1:24,58
200	Free	2:29,73	2:43,03	3:00,21	200	Free	2:32,93	2:46,23	3:03,41
400	Free	5:24,70	6:26,43		400	Free	5:31,10	6:32,83	
800	Free	10:17,43			800	Free	10:30,23		
50	Back			42,67	50	Back			43,27
100	Back	1:18,06	1:26,09	1:34,90	100	Back	1:19,26	1:27,29	1:36,10
200	Back	2:50,46	3:09,57	3:46,93	200	Back	2:52,86	3:11,97	3:49,33
50	Breast			47,51	50	Breast			48,51
100	Breast	1:29,57	1:37,41	1:46,21	100	Breast	1:31,57	1:39,41	1:48,21
200	Breast	3:14,23	3:34,35	4:20,08	200	Breast	3:18,23	3:38,35	4:24,08
50	Fly			43,00	50	Fly			43,70
100	Fly	1:21,85	1:41,17	2:05,40	100	Fly	1:23,25	1:42,57	2:06,80
200	Fly	2:52,58			200	Fly	2:55,38		
200	IM	2:49,87	3:05,11	3:38,18	200	IM	2:53,07	3:07,31	3:41,38
400	IM	5:45,47			400	IM	5:51,87		

W 13-13

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			33,19	50	Free			33,99
100	Free	1:05,60	1:09,36	1:19,16	100	Free	1:07,20	1:10,96	1:20,76
200	Free	2:25,25	2:36,18	2:51,93	200	Free	2:28,45	2:39,38	2:55,13
400	Free	5:13,39	5:53,81		400	Free	5:19,79	6:00,21	
800	Free	10:17,43			800	Free	10:30,23		
50	Back			41,14	50	Back			41,74
100	Back	1:15,74	1:21,56	1:30,64	100	Back	1:16,94	1:22,76	1:31,84
200	Back	2:44,65	3:02,41	3:32,00	200	Back	2:47,05	3:04,81	3:34,40
50	Breast			46,49	50	Breast			47,49
100	Breast	1:27,05	1:33,81	1:45,75	100	Breast	1:29,05	1:35,81	1:47,75
200	Breast	3:10,35	3:33,38	4:15,84	200	Breast	3:14,35	3:37,38	4:19,84
50	Fly			39,48	50	Fly			40,18
100	Fly	1:17,81	1:34,25	1:45,77	100	Fly	1:19,21	1:35,65	1:47,17
200	Fly	2:52,58			200	Fly	2:55,38		
200	IM	2:45,25	2:57,64	3:18,17	200	IM	2:48,45	3:00,84	3:21,37
400	IM	5:45,47			400	IM	5:51,87		

M 10 & Under

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			39,60	50	Free			40,40
100	Free	1:07,74	1:18,21	1:32,09	100	Free	1:09,34	1:19,81	1:33,69
200	Free	2:30,98	2:56,95	3:57,85	200	Free	2:34,18	3:00,15	4:01,05
400	Free	5:23,36	6:21,03		400	Free	5:29,76	6:27,43	
50	Back			48,64	50	Back			49,24
100	Back	1:19,53	1:33,32	1:52,29	100	Back	1:20,73	1:34,52	1:53,49
200	Back	2:52,13	3:43,41	3:57,48	200	Back	2:54,53	3:45,81	3:59,88
50	Breast			54,33	50	Breast			55,33
100	Breast	1:30,04	1:46,88	2:04,90	100	Breast	1:32,04	1:48,88	2:06,90
200	Breast	3:17,34	3:57,65	4:41,95	200	Breast	3:21,34	4:01,65	4:45,92
50	Fly			53,71	50	Fly			54,41
100	Fly	1:21,98	1:53,19	2:35,72	100	Fly	1:23,38	1:54,59	2:37,12
200	IM	2:50,21	3:20,21	4:05,61	200	IM	2:53,41	3:23,41	4:08,81

M 11-11

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			37,84	50	Free			38,64
100	Free	1:07,74	1:18,21	1:27,57	100	Free	1:09,34	1:19,81	1:29,17
200	Free	2:30,98	2:56,95	3:55,15	200	Free	2:34,18	3:00,15	3:58,35
400	Free	5:23,36	6:21,03		400	Free	5:29,76	6:27,43	
50	Back			47,24	50	Back			47,84
100	Back	1:19,53	1:33,32	1:51,26	100	Back	1:20,73	1:34,52	1:52,46
200	Back	2:52,13	3:43,41	3:54,44	200	Back	2:54,53	3:45,81	3:56,84
50	Breast			53,48	50	Breast			54,48
100	Breast	1:30,04	1:46,88	2:02,97	100	Breast	1:32,04	1:48,88	2:04,97
200	Breast	3:17,34	3:57,65	4:33,56	200	Breast	3:21,34	4:01,65	4:37,56
50	Fly			51,75	50	Fly			52,45
100	Fly	1:21,98	1:53,19	2:09,10	100	Fly	1:23,38	1:54,59	2:10,50
200	IM	2:50,21	3:20,21	3:48,72	200	IM	2:53,41	3:23,41	3:51,92

M 12-12

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			34,96	50	Free			35,76
100	Free	1:07,74	1:12,70	1:18,91	100	Free	1:09,34	1:14,30	1:20,51
200	Free	2:30,98	2:43,91	3:09,21	200	Free	2:34,18	2:47,11	3:12,41
400	Free	5:23,36	5:48,32		400	Free	5:29,76	5:54,72	
1500	Free	19:08,46			1500	Free	19:32,46		
50	Back			43,39	50	Back			43,99
100	Back	1:19,53	1:27,02	1:36,56	100	Back	1:20,73	1:28,22	1:37,76
200	Back	2:52,13	3:18,34	3:53,44	200	Back	2:54,53	3:20,74	3:55,84
50	Breast			49,53	50	Breast			50,53
100	Breast	1:30,04	1:38,70	1:52,23	100	Breast	1:32,04	1:40,70	1:54,23
200	Breast	3:17,34	3:40,24	4:18,15	200	Breast	3:21,34	3:44,24	4:22,15
50	Fly			45,64	50	Fly			46,34
100	Fly	1:21,98	1:42,11	2:00,27	100	Fly	1:23,38	1:43,51	2:01,67
200	Fly	2:36,84			200	Fly	2:39,64		
200	IM	2:50,21	3:07,38	3:25,90	200	IM	2:53,41	3:10,58	3:29,10
400	IM	5:28,46			400	IM	5:34,86		

M 13-13

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			32,04	50	Free			32,84
100	Free	1:01,98	1:06,59	1:11,94	100	Free	1:03,58	1:08,19	1:13,54
200	Free	2:17,91	2:29,60	2:46,21	200	Free	2:21,11	2:32,80	2:49,41
400	Free	4:58,00	5:42,26		400	Free	5:04,40	5:48,66	
1500	Free	19:08,46			1500	Free	19:32,46		
50	Back			40,86	50	Back			41,46
100	Back	1:13,19	1:19,98	1:31,23	100	Back	1:14,39	1:21,18	1:32,43
200	Back	2:42,29	2:57,85	3:43,32	200	Back	2:44,69	3:00,25	3:45,72
50	Breast			44,46	50	Breast			45,46
100	Breast	1:21,61	1:30,63	1:41,51	100	Breast	1:23,61	1:32,63	1:43,51
200	Breast	3:04,22	3:22,30	4:00,88	200	Breast	3:08,22	3:26,30	4:04,88
50	Fly			38,38	50	Fly			39,08
100	Fly	1:13,04	1:29,54	1:54,68	100	Fly	1:14,44	1:30,94	1:56,08
200	Fly	2:36,84			200	Fly	2:39,64		
200	IM	2:36,81	2:48,68	3:05,83	200	IM	2:40,01	2:51,88	3:09,03
400	IM	5:28,46			400	IM	5:34,86		

M 14-14

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			30,25	50	Free			31,05
100	Free	58,69	1:02,60	1:07,20	100	Free	1:00,29	1:04,20	1:08,80
200	Free	2:11,88	2:22,15	2:37,08	200	Free	2:15,08	2:25,35	2:40,28
400	Free	4:39,92	5:21,76		400	Free	4:46,32	5:28,16	
1500	Free	19:08,46			1500	Free	19:32,46		
50	Back			37,93	50	Back			38,53
100	Back	1:10,19	1:15,86	1:31,23	100	Back	1:11,39	1:17,06	1:32,43
200	Back	2:31,49	2:48,82	3:37,78	200	Back	2:33,89	2:51,22	3:40,18
50	Breast			42,84	50	Breast			43,84
100	Breast	1:18,00	1:25,36	1:40,05	100	Breast	1:20,00	1:27,36	1:42,05
200	Breast	2:53,26	3:17,86	3:57,79	200	Breast	2:57,26	3:21,86	4:01,79
50	Fly			34,97	50	Fly			35,67
100	Fly	1:07,37	1:16,14	1:44,70	100	Fly	1:08,77	1:17,54	1:46,10
200	Fly	2:36,84			200	Fly	2:39,64		
200	IM	2:28,77	2:40,93	2:53,98	200	IM	2:31,97	2:44,13	2:57,18
400	IM	5:28,46			400	IM	5:34,86		

M 15-15

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			28,75	50	Free			29,55
100	Free	56,37	59,82	1:05,28	100	Free	57,97	1:01,42	1:06,88
200	Free	2:07,22	2:17,27	2:35,52	200	Free	2:10,42	2:20,47	2:38,72
400	Free	4:36,12	5:07,54		400	Free	4:42,52	5:13,94	
1500	Free	17:36,33			1500	Free	18:00,33		
50	Back			35,48	50	Back			36,08
100	Back	1:05,79	1:12,98	1:27,74	100	Back	1:06,99	1:14,18	1:28,94
200	Back	2:27,02	2:52,26	3:00,28	200	Back	2:29,42	2:54,66	3:02,68
50	Breast			40,74	50	Breast			41,74
100	Breast	1:14,13	1:21,59	1:36,47	100	Breast	1:16,13	1:23,59	1:38,47
200	Breast	2:46,50	3:07,96	3:44,98	200	Breast	2:50,50	3:11,96	3:48,98
50	Fly			33,64	50	Fly			34,34
100	Fly	1:03,17	1:11,12	1:28,75	100	Fly	1:04,57	1:12,52	1:30,15
200	Fly	2:24,47			200	Fly	2:27,27		
200	IM	2:23,83	2:34,60	2:48,92	200	IM	2:27,03	2:37,80	2:52,12
400	IM	5:05,25			400	IM	5:11,65		

M 16-16

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			28,75	50	Free			29,55
100	Free	55,02	59,82	1:05,28	100	Free	56,62	1:01,42	1:06,88
200	Free	2:03,61	2:17,27	2:35,52	200	Free	2:06,81	2:20,47	2:38,72
400	Free	4:28,97	5:06,60		400	Free	4:35,37	5:13,94	
1500	Free	17:36,33			1500	Free	18:00,33		
50	Back			35,48	50	Back			36,08
100	Back	1:04,66	1:12,98	1:27,74	100	Back	1:05,86	1:14,18	1:28,94
200	Back	2:23,95	2:52,26	3:00,28	200	Back	2:26,35	2:54,66	3:02,68
50	Breast			40,74	50	Breast			41,74
100	Breast	1:12,33	1:21,59	1:36,47	100	Breast	1:14,33	1:23,59	1:38,47
200	Breast	2:42,01	3:07,96	3:44,98	200	Breast	2:46,01	3:11,96	3:48,98
50	Fly			33,64	50	Fly			34,34
100	Fly	1:01,22	1:11,12	1:28,75	100	Fly	1:02,62	1:12,52	1:30,15
200	Fly	2:24,47			200	Fly	2:27,27		
200	IM	2:19,98	2:34,60	2:48,92	200	IM	2:23,18	2:37,80	2:52,12
400	IM	5:05,25			400	IM	5:11,65		

M 17-17

Short Course QT					Long Course QT				
		SANJ	LEV3	LEV2			SANJ	LEV3	LEV2
50	Free			28,75	50	Free			29,55
100	Free	52,95	58,77	1:05,28	100	Free		1:00,37	1:06,88
200	Free	1:58,28	2:14,97	2:35,52	200	Free		2:18,17	2:38,72
400	Free	4:19,49	5:02,71		400	Free		5:09,11	
800	Free	8:46,25			800	Free			
1500	Free	16:54,51			1500	Free			
50	Back			34,09	50	Back			34,69
100	Back	1:02,30	1:12,98	1:26,01	100	Back		1:14,18	1:27,21
200	Back	2:19,08	2:52,26	3:00,28	200	Back		2:54,66	3:02,68
50	Breast			40,74	50	Breast			41,74
100	Breast	1:08,16	1:20,02	1:36,47	100	Breast		1:22,02	1:38,47
200	Breast	2:35,39	3:07,96	3:40,08	200	Breast		3:11,96	3:44,08
50	Fly			33,64	50	Fly			34,34
100	Fly	57,96	1:08,94	1:22,56	100	Fly		1:10,34	1:23,96
200	Fly	2:16,29			200	Fly			
200	IM	2:15,11	2:31,24	2:48,92	200	IM		2:34,44	2:52,12
400	IM	4:53,59			400	IM			